



## Muniyal Institute of Ayurveda Medical Sciences

### Ph.D.(Ayu.)

Kayachikitsa  
Shalya Tantra  
Rasashastra &  
Bhaishajya Kalpana

### B.A.M.S.

Bachelor of Ayurveda  
Medicine and Surgery

### M.D./M.S.(Ayu.)

Masters Degree  
in Ayurveda



## Muniyal Institute of Yoga and Naturopathy

**B.N.Y.S.** Bachelor of Naturopathy and Yogic Sciences

Since  1939

OM  
NAMO  
BHAGAVATHE  
VASUDEVĀYA  
DHANWANTHARAYE  
AMRITHA KALASHA  
HASTHĀYA SARWĀMAYA VINĀSHANĀYA  
TRILOKA NĀTHĀYA VISHNAVE SWĀHA

NAMO TASSA  
BHAGAVATO ARAHATO  
SAMMA SAMBUDDHASSA



"Your destiny is in your hand for you become what you think. So you should be very careful while thinking itself. How to be careful while thinking? For that you have to practice Vipassana. What is Vipassana? Vipassana is a training which keeps the mind in the present tense, as present tense is the only reality in life, where you realise life's basic qualities like impermanence, suffering, and egolessness. How to keep the mind in the present tense? For that, during Vātakāla (between 2:00am to 6:00am) you have to observe your own physiological process which will be there throughout your life. Which is that process! Breathing!"

**Bhagavan Gautama Buddha**

*Known in India as 'Bhaishajya Guru' - the Master Healer*





Ayurveda - 'The science of life', considered to be as ancient as human civilisation, has been serving mankind since time immemorial and still survives just because of its sheer therapeutic value. In the event of scientific findings which have proved that ayurvedic medicines cure the disease by strengthening the body immune system, now considered to be the most scientific approach towards health, the relevancy of ayurvedic remedies become more significant. It has also become very popular in the west due to major changes taking place in the consumer attitude towards health and natural products.

**Muniyal Ayurveda** took its inspiration from Late Dr. U. Krishna Muniyal, who practiced Ayurveda for more than 40 years and was the disciple of Pandith Taranath, a great Ayurveda scholar who had treated Mahatma Gandhi several times. Pandith Taranath used to perform Parakāya Pravesha (one's consciousness entering into another's body) while treating the patient. Ancestors of the Muniyal family used to treat patients with all types of ailments successfully by using holy water enchanted with sacred and auspicious hymns.

Dr. U. Krishna Muniyal Memorial Trust (R) looks after the academic activities of Muniyal Ayurveda.

Research & Development, pharmaceutical production, and healthcare activities of Muniyal Ayurveda come under the company, namely Dr. Krishna Life Sciences Ltd.



**Dr. U. Krishna Muniyal**  
(1914-1982)

***Disease, a guest not enemy - we treat accordingly***

## **Dr. U. Krishna Muniyal Memorial Trust (R)**

**Muniyal Ayurveda Hospital & Research Institute**

**Muniyal Institute of Ayurveda Medical Sciences  
& Post-Graduate Centre**

**Muniyal Institute of Yoga and Naturopathy**

**Books & Publications**

## **Dr. Krishna Life Sciences Ltd.**

*Bringing Life to Science™*

**Muniyal Ayurveda Pharmaceutical Unit**

**Muniyal Ayurvedic Research Centre**

**Muniyal Ayurveda Herbal Gardens**

**Muniyal Ayurveda Family Clinics**

*The first ayurvedic company with its products being  
registered as para-medicines in Europe*

## Dr. U. Krishna Muniyal Memorial Trust (R)

The Trust has devoted itself to the field of Ayurveda by undertaking cultivation & preservation of rare medicinal plants, research in Ayurveda, developing treatment for chronic & incurable diseases, establishing speciality Ayurveda hospitals, running under-graduate and post-graduate courses in Ayurveda, propagating ancient herbal gardens, establishing a literary division to bring out ancient Ayurvedic scriptures. The trust intends to revive ancient Indian wisdom through its proposed Buddhaayurveda University.

## Dr. Krshna Life Sciences Ltd.

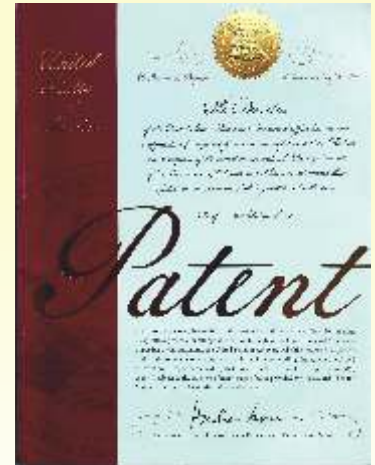
*Bringing Life to Science™*

Dr. Krshna Life Sciences Ltd. has been established to promote ancient medical therapy to the vast majority of the human race with the expertise and knowledge gained in the field of Ayurvedic medicines over several centuries. It aims to provide comprehensive healthcare facilities across India. Dr. Krshna Life Sciences Ltd. also provides low cost medical treatment to the poor and the needy through its Muniyal Ayurveda Family Health Card.

The company manufactures and markets Ayurvedic Research products in India and abroad. It is getting national & international acclaims for its scientifically proven products for chronic disorders like diabetes, alcoholism, arthritis, cardiac problems, liver and uterine disorders, bronchitis, amoebiasis, obesity, thyroid problems and parkinsonism. The company's products for Cancer and AIDS have been taken up for trails by prestigious institutions. The Research Centre is also attracting researchers from USA, Japan & Argentina. It has memoranda of understanding with prestigious Ayurvedic companies in countries like Hungary, to popularize ayurvedic research products.

The company intends to popularise Ayurveda by offering low cost healthcare to the common people by initially establishing over 200 Muniyal Ayurveda Family Clinics (one in each taluk of Karnataka), initially covering about 10 lakh beneficiaries.

**The first ayurvedic company with its products being registered as para-medicines in Europe**



# HIGHLIGHTS

MUNIYAL  
AYURVEDA

- Muniyal Institute of Ayurveda Medical Sciences running Undergraduate & Post-Graduate Courses in Ayurveda. Approved by Department of AYUSH, Govt. of India with a 175-bedded Ayurvedic Hospital at Manipal.
- 4 Muniyal Ayurveda Family Clinics at Bengaluru, Mangaluru & Udupi.
- International Organic Certification from SKAL, The Netherlands, for herbal gardens.
- License for 95 proprietary, human and veterinary research products, and 155 classical ayurvedic products. Toxicity studies of all the above products have been done.
- All products have been duly registered with the Drug Licensing Authority, Dept. of AYUSH, Karnataka, with GMP Certification for its medicine manufacturing unit.
- 20 research products like Insol-N, Herbotrim, Heartogen, Muneks, Muniojus, etc. are duly registered with Patent & Trademark Registration Office of Govt. of India.
- 15 lines of treatment like Mahoshadha Kalpa, Madumeha Kalpa, etc. and unique processes like Vrکشved, Dravyashudh and Vamshvahini are duly registered with Patent and Trademark Registration Office of Govt. of India.
- 2 products namely MUNIPYRIN for arthritis and HERBADICT for alcohol and drug addiction, have been registered in Europe as paramedicines, being the first ayurvedic medicines from India to have this distinction.
- Developed and donated sacred herbal gardens.
- **Both Muniyal Ayurvedic Research Centre and Dr. Krshna Life Sciences Ltd. have Facility Registration Certificate under US FDA.**
- **US Patent granted for Mahoshadha Kalpa**, our line of treatment for Cancer.
- **13 US Patents for our products:-** Muneks - a cancer product, Insol-N - for diabetes, Heartogen - a cardio-protective, Munibeyotic Plus - an immunity booster anti-viral drug, Herbotrim - for metabolic disorders, Herbadict - for de-addiction, Muniprabhaa Plus - for renal disorders, Munithyrone - for both hypo and hyperthyroidism, Hiranyapraash - a natural rejuvenative with the power of gold, Muniliv Plus - for addiction treatment, Medicated Honey, Soubhagya Kalpa - for polycystic ovarian syndrome, and Muniprajnaa - for dementia and cognitive dysfunction.
- **1 Research product has "US Patent Pending" tag.** These have been filed with the US Patent and Trademark Office under PCT (Patent Cooperation Treaty) category **which is applicable to around 152 countries and this patent rights provide protection for 20 years.**
- **Clinical Research:** MAHOSHADHA KALPA is a unique, patent ayurvedic therapy for cancer. **26 patients** suffering from different types of cancers effecting the lung, thyroid, breast and uterus **have become completely asymptomatic** by this therapy. Investigations showed disease free conditions (**cure**) in several cases. More than **800 patients** have benefitted from this therapy - most of the patients got rid off the **fear of pain, fear of disease and fear of death, with improved general conditions.** Mahoshadha Kalpa has successfully prevented metastasis (spreading of cancer) in several cases.
- **Literary Research:**
  - a) **Sacitra Caraka Samhita**, a useful book of reference for Ayurvedic U.G. and P.G. students released by the former President of India Dr. A.P.J. Abdul Kalam.
  - b) **Ayurveda Saara**, a book in Kannada containing vital information about ayurveda and health.
  - c) **Sammambuddha & Jamboo Dweepa**, essence of *tripitaka*.
  - d) **Buddhaayurved** - Kannada monthly on Buddhism & Ayurveda.
  - e) **Dhammapada** - Kannada & English book on Buddha's teachings.
  - f) **Mahasathi Pattana Sutta** - a Kannada book on teachings of the Buddha, where he assures enlightenment within 7 days.



# Muniyal Institute of Ayurveda Medical Sciences

Muniyal Institute of Ayurveda Medical Sciences, was established with a vision to impart the knowledge of ayurveda to one and all. It is located in a spacious 60,000 sft building, also housing the Muniyal Ayurveda Hospital & Research Institute, a specialty ayurvedic hospital.

The college intends to train the students in ayurveda by using modern scientific ways, so that when they complete their course of study, they will be ready to face the challenges ahead without any setback. It will also encourage the students to involve themselves in ayurvedic research. The college, with its strategic location, is ready to take all the advantage available there for medical teaching and para-medical sciences. The college building includes a spacious and well-equipped computerized library, dissection theater, pathology & physiology labs, conference and lecture halls.

The college regularly organizes Free Medical Camps in rural areas for the benefit of the poor. This creates service mentality in the students and provides exposure to a wide variety of cases.

## OUR MISSION

Reviving the ancient Indian wisdom

## HIGHLIGHTS

- An effort by a traditional medical family having five decades of experience in ayurveda, to impart its knowledge to the future generation.
- Degree & PG courses affiliated to the Rajiv Gandhi University of Health Sciences, Bangalore, approved by Govt. of Karnataka and NCISM (National Council for Indian System of Medicine), New Delhi, and recognised by Dept. of AYUSH, Govt. of India, offering career options and avenues for higher education.
- Extensive practical training in the attached 165 bedded, Specialty Ayurvedic Hospital and the vast Herbal Gardens and intensive on-the-job training in the Medicine Manufacturing Unit.
- Focus on Yoga and Meditation to ensure the overall development of the individual.
- Located at **Manipal**, which is renowned world over for its exemplary educational institutions.

# B.A.M.S.

## Bachelor of Ayurveda Medicine and Surgery

Ayurveda, 'The Science of Life', considered to be one of the upavedas, has been serving the mankind for more than 4000 years and still survives just because of its sheer therapeutic value. In the scientific findings, which have proved that ayurvedic medicines cure the diseases by strengthening the body immune system now considered to be the most scientific approach towards health, the relevancy of ayurvedic remedies become significant.

The college trains students for B.A.M.S. degree course according to the syllabus of the Central Council of Indian Medicine, New Delhi. B.A.M.S. degree holders are eligible for registration at the Central or the State Ayurveda Boards. Their status is at par with any other Medical Graduate in India. They are also eligible for appointments in the Central or State Government Public Health and Ayurveda services.

**FEES:** Fee structure is according to the guidelines set by the Rajiv Gandhi University of Health Sciences, Bangalore, and students will be informed at the time of interview.

**MODE OF SELECTION:** The selection of the candidates is based on merit, i.e. the percentage of marks obtained in the 10+2 (PUC/HSC/equivalent) examination in the subjects Physics, Chemistry and Biology.

\* NEET Marks

**MEDIUM OF INSTRUCTION:** ENGLISH

**CET/NEET Code:** 1717

### Course Duration 5½ years

1st Professional Course  
18 months

2nd Professional Course  
18 months

3rd Professional Course  
18 months

Internship  
12 months



**M.D.(Ayurveda)** Ayurveda Vachaspathi

**M.S.(Ayurveda)** Ayurveda Dhanvanthari

**Course Duration:** 3 years

**Eligibility:** B.A.M.S.

**M.D. Rasashastra and Bhaishajya Kalpana** (*Ayurveda Pharmaceutics*): This is the branch of Ayurveda pharmacy that mainly deals with herbal formulations. Subject includes details of design and development of formulations, standardization, quality control, pharmacy practice, forensic pharmacy etc giving ample opportunity to prepare the scholar suitable for Ayurvedic and herbal pharma industry, R&D centres and academics. This branch also deals with various metals, minerals and herbo-mineral formulations.

**M.D. Dravyaguna** (*Ayurveda Material Medica and Pharmacology*): Student will be trained with the details of drug identification, pharmacognosy, phytochemistry, evaluation of pharmacological activities, in-depth details of Ayurvedic treatises on medicinal plants. Scholar will be efficient and suitable to work in the herbal industry, medicinal plant research, academics, etc.

**M.D. Kayachikitsa** (*Ayurveda Medicine*): This is the speciality of Ayurveda medicine. Student will be provided with the knowledge of the finer details of Ayurveda Therapeutics from

ancient Ayurveda texts with modern parlance and exclusive clinical training. Doctors will come out as highly competitive and successful clinical practitioners of Ayurveda and have an opportunity to open their own clinics, hospitals, work in therapy centres and Ayurvedic colleges.

**M.D. Panchakarma:** Students will be trained with different treatment modalities of Ayurveda Panchakarma practice with hands-on experience. Students will be trained with the planning and application of Panchakarma and other techniques like physiotherapy according to the person and disease. They have worldwide opportunities to develop and manage Panchakarma centres.

**M.S. Shalya Tantra** (*Ayurveda General Surgery*): Students will be trained with general surgical management including specialized Ayurvedic surgical procedures like Kshara sutra, Agni karma, Jaloukaavacharana, etc. They have excellent opportunity to carry out specialized clinical practice in surgical conditions.





# Ph.D. Ayurveda

## Doctorate in Ayurveda

A minimum 3-year research-based doctorate level degree program with a focus on Ayurveda and its therapeutic effect. It is the highest level academic certification in the respective discipline of study.

**Course Duration:** 3 years

**Eligibility:** M.D./M.S. (Ayu)

### Branches Offered

- Kayachikitsa

- Shalya Tantra

- Rasashastra & Bhaishajya Kalpana

### ELIGIBILITY FOR ADMISSION (BAMS, MD/MS Ayurveda, Ph.D. Ayurveda)

- Admission to B.A.M.S. degree course is open to students who have passed second year of the Pre-University examination of the Karnataka P.U. Board or any other equivalent examination recognised by the Rajiv Gandhi University of Health Sciences with Physics, Chemistry and Biology as optional subjects. The candidates should have obtained at least 50% marks in aggregate in the PCB optionals in the second year of the PUC examination.
- 40% marks for SC/ST, CAT-1, 2A, 2B, 3A and 3B category candidates (Karnataka candidates).
- Candidate should be qualified in National Entrance Test (NEET).
- All admissions made by the college to first year of the B.A.M.S. course are subject to the approval of the Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka.
- Out-of-state students should obtain University Eligibility Certificate from the Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka, within the last date of admission fixed by the University. The college office will assist the student with this process.
- Candidates seeking admission to the first year of the B.A.M.S. should have attained the age of 17 years on the date of admission.
- Admission to M.D.(Ayurveda) / M.S.(Ayurveda) is open to all students who have passed B.A.M.S. degree course at first attempt in the concerned subject.
- Candidate should be qualified in AIPGET (All India Post Graduate Entrance Test)
- Candidates with Ayurveda Vachaspathi [M.D.(Ayu)] / Ayurveda Dhanvanthari [M.S.(Ayu)] in Ayurveda awarded by RGUHS or an equivalent P.G. qualification awarded by any other College/University recognized by NCISM/RGUHS, are eligible for enrolment for Ph.D. course in concerned subjects of Ayurveda.
- The minimum eligibility criterion for admission to Ph.D. in Ayurveda is Post-Graduate research level qualification in the concerned domain.



## PROCEDURE FOR ADMISSION

- Applications, duly filled and completed in all respects should be submitted to - *The Principal, Muniyal Institute of Ayurveda Medical Sciences, Manipal*, within the last date specified for the same. The application should be accompanied by the concerned marks cards and other certificates. Incomplete applications will be rejected.
  - Selected candidates will be called for an admission interview by the Principal. Intimation to this effect will be sent by Speed Post.
  - An applicant invited for the admission interview should bring with him the following documents without fail.
    1. SSLC / SSC (10th Std.) Marks Card
    2. PUC (10+2) / B.Sc. Marks Card
    3. NEET Marks Card
    4. Conduct Certificate
    5. Date of Birth Certificate
    6. Medical Fitness Certificate
    7. Six passport size photographs
    8. For M.D./M.S.(Ayu.) - B.A.M.S. Degree Certificate in addition to the above
- For candidates from outside Karnataka:*
- 9. University Eligibility Certificate (*You will be provided assistance for this*)
  - 10. Migration Certificate
- After the interview, the selected candidates shall pay the fees by Cash or DD favouring Dr. U. Krishna Muniyal Memorial Trust (R), Udupi, failing which the seat will be allotted to the next deserving candidate.
  - Migration Certificate & Transfer Certificate should be obtained and produced by the applicant on or before the date stipulated for the same.
  - Fees once paid will not be refunded or adjusted to any other account under any circumstance.
  - Every student admitted is bound by the prevailing rules and regulations of the college, hospital and hostel, framed from time to time.
  - Any other information will be provided on request.



## FACILITIES

The college building includes a spacious and well-equipped computerized library, dissection theater, pathology & physiology labs, conference and lecture halls. Separate Hostels for boys and girls, with food, are available.

The college regularly conducts CME/National Seminar/Workshops in its premises on various important topics pertaining to Ayurveda and allied sciences, which has good participation by students and doctors from various parts of the country.

Free Medical Camps in rural areas are organised for the benefit of the poor. This creates service mentality in the students and provides exposure to a wide variety of cases. The college also arranges educational tours to nearby villages for the study of medicinal plantations.



# MUNIYAL INSTITUTE OF AYURVEDA MEDICAL SCIENCES



# Muniyal Institute of Yoga and Naturopathy

## B.N.Y.S.

### Bachelor of Naturopathy and Yogic Sciences

The under-graduate course at Muniyal Institute of Yoga and Naturopathy aim at recognizing the health needs of the community in keeping with the objectives of the national health policy. It functions to develop the skills and the competencies required to deliver an effective and ethical Yoga - Naturopathy health care system.

The course enables a student to expertly diagnose and manage common diseases and health problems of individuals as well as community, and work with the health team as a fully qualified doctor at primary, secondary or tertiary levels, with his/her clinical experience and skills in history, physical examination and relevant investigations.

The course motivates the students to be proficient in promotive, preventive, curative and rehabilitative medicine and therapy for common health issues.

**ADMISSIONS:** Institute offers Bachelor Degree in Naturopathy and Yogic Sciences (B.N.Y.S.) course, affiliated to Rajiv Gandhi University of Health Sciences & recognized by Dept. of AYUSH, Govt. of Karnataka, Ministry of AYUSH, Govt. of India, and managed by Dr. U. Krishna Muniyal Memorial Trust (R), Manipal.

**MODE OF SELECTION:** Candidate must have passed the 10+2 or equivalent examinations in science subjects.

- Must have obtained at least 45% aggregate marks in Physics, Chemistry and Biology.
- Must have learnt English as a compulsory language.
- NEET is NOT mandatory.

#### Course Duration

5½ years

1st Professional Course

18 months

2nd Professional Course

12 months

3rd Professional Course

12 months

4th Professional Course

12 months

Internship

12 months



**FEES:** Fee structure is according to the guidelines set by the Rajiv Gandhi University of Health Sciences, Bangalore, and students will be informed at the time of interview.

**MEDIUM OF INSTRUCTION:**  
ENGLISH

Muniyal Hospital  
of Yoga and  
Naturopathy



Muniyal Institute  
of Yoga and  
Naturopathy

# Muniyal Ayurveda Hospital & Research Institute

Muniyal Ayurveda Hospital is a 175-bed, specialty hospital, consisting of multiple facilities to provide lifestyle management in an ayurvedic way under one roof. It provides comprehensive healthcare under the supervision of more than 44 post-graduate ayurvedic doctors, under one roof.

It is built according to Vaastu, the ancient Indian architecture science, and surrounded by the ancient sacred herbal garden which absorbs cosmic energy thereby helping in the speedy recovery of the diseases. Patients are served with vegetarian diet, exclusively prepared from natural sources, collected from the Hospital's own organic herbal gardens and dairy farm. The hospital has the following facilities enabling us to provide comprehensive therapy of patients:

- Facilities for traditional therapies like Navarakizhi, Pizhicchil, Netrtarpana, Shirodhara, Udvartana, Svedana, Nasya and Basti, etc. are available.
- 175 beds with Super Deluxe, Deluxe, Special rooms and general ward.
- 100-bed speciality cancer hospital wing.
- Full-fledged "Panchakarma" therapy rooms.
- Yoga and Meditation hall.
- Operation theatre for Kshara Sutra, etc.
- Prasutigraha (Labour theatre).
- Pyramid Therapy facility.



The **Research Institute**, exclusively does research in Ayurveda for finding remedies for chronic diseases such as Cancer, Bronchial Asthma, Allergies, Diabetes, Rheumatoid Arthritis, Cardiac ailments Parkinsonism and to rehabilitate those suffering from paralysis, poliomyelitis and other neuro-muscular diseases.



# Muniyal Ayurvedic Research Centre

Muniyal Ayurvedic Research Centre, founded in 1990, is an organisation for reviving the glory of ayurveda. The centre aims to research and re-discover the magic of wonderful remedies of ayurveda which were being practiced in India since ages. It is accredited with ISO 9001:2008 - an international quality assurance certificate. It has also procured GMP Certification of the Government of Karnataka.

The center is getting national & international acclaims for its scientifically proven products for chronic disorders like diabetes, alcoholism, arthritis, cardiac problems, liver and uterine disorders, bronchitis, amoebiasis, obesity, thyroid problems and parkinsonism. The company's products for Cancer and AIDS have been taken up for trails by prestigious institutions. The research institute is attracting researchers from USA, Japan & Argentina.

## Importance of herbo-mineral drugs:

Herbo-mineral preparations are those potent preparations of ayurveda which are prepared by processing and combining (by boiling & grinding the traditional way) different minerals with potent herbs. According to ayurveda, more the grinding of the ingredients, more is the potency of the formulation. These formulations, otherwise known as "Rasaushadhi" are considered far better than simple herbal formulations. It is mentioned in ancient scriptures,

Alpamatropayogitvat aruceh aprasangatah |  
Ksipram arogyadayitwat asdhebhyo adhiko rasah ||  
Swalpa hi matra vipula gunas'ca sadyo hi taddipana pacanas'ca

"These are the medicines which have more potency, hence they bring back normalcy, curing the disease very quickly even when they are administered in small doses and at the same time there will not be any problem of palatability."



Some of the scientifically proved preparations of the company include **Insol-N** an oral ayurvedic anti-diabetic, **Herbotrim** for lipid cholesterol management, **Herbadict** for alcoholics and drug addicts, **Munipayn** for Rheumatism and Arthritis, **Heartogen** a cardio-protective, **Muniprajnaa** for parkinsonism, **Muniprabhaa** for urinary calcification and **Munipile** for haemorrhoids and piles. The company's research product **Muneks** is being successfully used to treat cancer patients. **Muniojus**, an immuno-modulator, has been given to several HIV+ve patients for trials.

All research products have been duly approved and patented in the directorate of Indian Systems of Medicine & Homeopathy, Govt. of Karnataka, India.

## OUR RESEARCH PRODUCTS

### INSOL-N®

Oral Ayurvedic Anti-Diabetic



Insol-N tablet is a polyherbo-mineral Ayurvedic formulation that has created a new dimension in the treatment of diabetes. It helps to maintain the blood sugar at normal level. Lipid, cholesterol and tissue phosphatases are also maintained at normal levels. Insol-N is the drug of choice in keeping the blood sugar at normal level in 'Non insulin-dependent diabetes'. Even in 'Insulin-dependent diabetes', it is found to be useful, as it reduces the daily requirement of insulin dosage. It protects the patient from the possible complications of diabetes like diabetic retinopathy, diabetic gangrene, diabetic neuropathy and vascular disorders (atherosclerosis).

#### **Scientific Background:**

Insol-N Tablet is an oral Ayurvedic anti-diabetic that has undergone intensive research work. A post-graduate from Mangalore University in his research work induced diabetes in rats by injecting 'Alloxan' which destroys pancreas. Subsequent administration of Insol-N produced the following results:

- It brings down blood sugar to normal level within a short period.
- Glycogen and protein levels in the tissues of the heart, liver and kidney are raised to normal level.
- Lipid, cholesterol and tissue phosphates are brought down to normal level.
- Insol-N regenerates Beta cells of Islets of Langerhans of pancreas which secrete body Insulin. The researcher got his M.Phil., for the above work.

### HERBOTRIM®

For Obesity and Lipid, Cholesterol Control



Herbotrim has proven to be very useful in reducing body weight, improving metabolism and reducing obesity related problems. Various clinical studies, pharmacological experiments, bio-chemical and histopathological studies carried out have proved that Herbotrim is an excellent Ayurvedic product to reduce the elevated serum cholesterol and lipids by correcting lipid metabolism. It is very interesting to note that Herbotrim prevents atherosclerosis of blood vessels and fatty infiltration of vital organs thereby protecting from cardiovascular and cerebrovascular diseases. It can be used as an excellent supplement for the patients of Myocardial infarction, coronary artery disease and diabetes mellitus.

Studies carried out in a highly reputed pharmacy college and research centre at Chennai show highly significant reduction of total cholesterol, low density lipoprotein (LDL), triglycerides, atherogenic index & increase in high density lipoprotein (HDL) which indicate promising results of Herbotrim as a hypocholesteremic (cholesterol lowering) drug. Histopathological studies of Herbotrim treated rats have proved that Herbotrim has excellent tissue protective activities against fatty infiltration and tissue damage. Acute toxicity study carried out as per Globally Harmonized system has proved the tablets as absolutely safe even at a high dose.

### HEARTOGEN®

A safe and effective Cardio-Protective



Heartogen is a safe cardio-protective drug. It is an outcome of extensive research work. Heartogen tablets are developed by making use of Hridya herbs mentioned in Ayurveda which keep Prana Vayu, Sadhaka Pitta and Avalambaka Kapha present in the heart, in perfect balance, thereby protecting the heart.

Heartogen can be used in hypertension, cardiac arrhythmia (irregular heart beat), chest pain (angina pectoris due to ischemia), to improve blood circulation to heart and also to strengthen heart muscles.

Heartogen tablets were subjected to acute oral toxicity study and also to check its effect on behavioural and nervous system with an intention to prove the un-harmfulness of the product. The studies proved that Heartogen is free from toxicity even at a dose of 6000mg/kg.wt. which was the maximum possible dose.

It was evaluated for its cardio-protective action which established that Heartogen acts through the inhibition of apoptosis (cell death) and oxidative damage. It enhances the resistance of myocardial membrane structure against the iso-proterenol induced myocardial damages. The latest study provides evidence for protective effects of Heartogen on myocardium in experimentally induced myocardial infarction.

# MUNEKS®

Ancient Answer for  
Abnormal Cell Division



Muneks is a combination of more than 50 anti-carcinogenic herbs, minerals and bhasmas prepared according to the description given in the ancient texts of Ayurveda. Muneks has significant anti-tumor property, and is non-toxic at high doses.

Muneks enhances body immunity, prevents tissue damage, stops the progress of tumor growth and also helps to regress the tumor growth. In addition to this it also improves general health of the individual. Muneks shows very good immuno-modulatory activity. It enhances natural killer cell activity and also tumor nursing factors and anti-body dependent cellular cytotoxicity (ADCC).

Muneks has anabolic and cyto-protective activity, proving its action in protecting the vital organs like liver and the kidneys. It also shows anti-oxidant effects where it acts as a potent inhibitor of lipid peroxide formation and scavenger of hydroxyl and super oxide radicals in-vitro. Anxiolytic, anti-stress activities along with anti-inflammatory and anti-ulcer activities contribute to the overall effect.

# MUNIOJUS®

Supportive Therapy for  
HIV Positive Patients

Muniojus is a research product containing more than 70 herbo-mineral ingredients, which are selected and formulated in such a way as to act in different levels of the body. It is very useful in HIV positive patients as it strengthens the immune system and enhances the body defense mechanism. Most of the ingredients in the formulation have proven immuno-modulatory activity. Some of them are potent immuno-stimulators; thereby improving non-specific and also acquired immunity; deficiency of which is seen in HIV infections.

Various research works show that it is effective in reducing disease progression, increase CD4 cell counts, improve host resistance and probably reduce viral load. It has proven anti-viral activities and is found to be useful in delaying the progress of disease.

### **Main Actions:**

- Improves non-specific & acquired immunity; deficiency of which is seen in HIV infections.
- Helps in preventing opportunistic infections.
- Useful in delaying the progress of disease.
- Acts as an anti-oxidant.

**Clinical Data:** The product is under clinical trial and initial reports are highly encouraging. It is observed that the product not only increases CD4 and CD8 counts but also reduces viral load among the patients detected HIV positive. Symptomatic improvement is also seen among the patients under the treatment.

# HIRANYA PRAASH®

A Universal Vitalizer for all Ages



Hiranya Praash is a patented, safe, natural rejuvenative with the power of gold. 24 karat gold is processed with selected organic, bio-active herbs by using patented techniques.

Administration of pure gold for infants is the traditional practice since thousands of years in India. It is a well established, evidence based fact that this practice builds up natural immunity, providing excellent protection against a variety of illnesses.

A survey study carried out among more than 6000 school-going children have showed considerable improvement in gastro-intestinal, respiratory and behavioural parameters indicating that Hiranya Praash is beneficial in enhancement of physical and mental health of children. It is very useful health supplement in chronic ailments.

Found to be very effective in treatment of Leukemia. Used as supportive therapy in all forms of cancer. Pure gold is processed with various herbs as per Indian classics and converted into easily absorbable form.

### **Benefits:**

- Protects children against diseases and builds up immunity naturally.
- Improves vigor and vitality, and acts as an aphrodisiac.
- Slows down degenerative process in old age.
- Natural rejuvenative with the power of Gold.
- Safe and effective in all ages.
- Powerful memory booster.
- Acts as anti-oxidant.



## MUNIBEYOTIC®

An Ayurvedic Antibiotic

- Supportive therapy in antibiotic resistance.
- Possesses immunomodulatory, antioxidant, anti-inflammatory and antimicrobial properties.
- Stimulates phagocytosis.
- Increases the level of antibody-forming cells and also specially sensitized T lymphocytes.
- Useful in upper respiratory tract infection like tonsillitis and pharyngitis.
- Safe, devoid of chemicals and can be used as supportive to antibiotic therapy.

## MAHOUSHADHA® Granules

Body De-toxifier

It has been observed that majority of cancer cases are associated with food toxins. Even though vegetables and fruits contain antioxidants, when contaminated with heavy metals, pesticides and other carcinogens, they enhance the incidences of cancer. There are well established herbs and food supplements which have potential **chelating** and antioxidant properties. Presence of Vitamin C, Vitamin E, certain alkaloids, bioflavonoids, etc. in such plants help to detoxify the body. **Mahoushadha Granules** are designed by judiciously combining such herbs so that their regular consumption not only helps to prevent cancer but also helps to detoxify the body by chelating heavy metals and scavenging free radicals. Mahoushadha Granules can be used regularly by both cancer patients and healthy individuals.

## MUNITHYRONE® US PATENT

A proprietary product for  
Thyroid Disorders



- A single drug for both hypo and hyper thyroidism.
- Supports the normalization of T3/T4 levels, supports the thyroid's ability to properly absorb iodine, and supports the activity of a number of important thyroid enzymes.
- Corrects basal metabolic rate.
- Useful to relieve the associated conditions like anemia, general debility, weight variation, mood swings, etc.
- Reduces thyroid swelling.
- Acts as immune modulator hence beneficial in auto immune thyroiditis.

## MUNIYAL SALT®

Safe dietary salt supplement

- As per medical advice Cardiac, Diabetic and Hypertensive patients have to avoid salt in their food, which makes it tasteless.
- Muniyal Salt is a safe, dietary ayurvedic salt supplement, having added therapeutic value.
- It protects heart, pancreas and kidneys from the toxic effects of normal salt, hence, it is also recommended for healthy individuals.
- Muniyal Salt is to be used like normal salt in cooking.

## MUNIBEYOTIC PLUS® US PATENT

A Potent Ayurvedic Antiviral



- Munibeyotic Plus is a unique combination of the drugs indicated in Jwara, Pratishyaya, Shotha, Shoola and Raktapitta.
- Acts against the symptoms, cause and pathogenesis of variety of viral diseases like influenza, dengue, chikungunya and Covid-19.
- *Indications:* Jwara (Fever), Gala shotha (sore throat), Angamarda (muscle pain), Shirah shoola (headache), Chardi (vomiting), Atisara (diarrhea), Sheetapitta (rash), Raktapitta (bleeding).

## TVAKSHUDDHI®

For chronic skin diseases,  
allergic rashes & non-healing ulcers

- Proved by scientific research studies for the treatment of varieties of skin diseases.
- It is a herbomineral product having anti-inflammatory, immuno-modulatory activities.
- *Indications:* Kushtha (chronic skin diseases), Shvitra (vitiligo and leucoderma), Kandu (pruritis) and Dushta Vrana (infected chronic ulcers).

## HERBADICT

Freedom from Alcoholism & Drug Addiction

- Protects vital organs of the body like liver, kidney & brain from the toxic effects of alcohol & drugs.
- Repairs the cells of vital organs.
- Enhances memory and willpower.
- Minimizes withdrawal symptoms.
- Induces natural sleep pattern.





## Multi-dimensional Approach for Cancer Treatment

### MAHOSHADHA KALPA®

To Awaken Cellular Intelligence

based on the teachings of  
Bhagavan Buddha

- A Multi-dimensional Holistic Treatment —
- Based on Bhagavan Buddha's Teachings —
- Indigenously Researched —
- Early treatment gives better results —
- No side effects —
- Inducts a sense of well-being in patients —

**Mahoshadha Kalpa** is a multi-dimensional, unique, patent ayurvedic therapy for Cancer designed and developed by Dr. Krshna Life Sciences Ltd. **26 patients** suffering from different types of cancers effecting the lung, thyroid, breast and uterus **have become completely asymptomatic** by this therapy. Investigations showed disease free conditions (**cure**) in several cases. More than **400 patients** have benefitted from this therapy - most of the patients got rid off the **fear of pain, fear of disease and fear of death, with improved general conditions**. Mahoshadha Kalpa has successfully prevented metastasis (spreading of cancer) in several cases.

Mahoshadha Kalpa - this name is given on the basis of a story related to the Buddha. In one of the previous births when the Buddha was born as **Bodhisattva**, Lord Indra placed a herb in the child's hand. The child's father, seeing the herb in its hand at the time of birth thought it to be a special herb and administered it as medicine to all the illness of local people. They all regained health within no time. Hence, this Bodhisattva came to be called 'Mahoshadha Kumara'. The treatment schedule is developed on the doctrines explained by the Buddha that diseases are caused by vitiation of food (*aahara*), environment (*rutu*), consciousness (*chitta*) and past deeds (*karma*) - hence it is called Mahoshadha Kalpa.

**Buddha explains that disease is the messenger of the Universal Law.** In allopathic science disease is considered as an enemy, hence they fight against it. We consider disease as a messenger, therefore treat it with due respect. When a patient also accepts that disease is a messenger it becomes much easier for him/her to tolerate a dreaded condition like cancer. The patient never develops ill-will towards the disease and hence does not undergo mental depression, which is the right approach.



## CONCEPT

In a healthy condition, one cell physiologically divides into two, two into four and so on in a coordinated manner. But, when one cell divides into ten and ten into hundreds in an uncoordinated manner it forms the basis of Cancer. The exact cause for such a rapid and uncoordinated growth is not explained by today's medical science. ***"Intelligence is not only present in the brain but also in millions of body cells" - this truth is explained by the Buddha. In this regard it can be stated that a disturbed intelligence of cell itself is the cause of Cancer.***



Cancers figure among the leading causes of morbidity and mortality worldwide, with approximately 15 million new cases and 9.6 million cancer related deaths in 2018 (according to the **WHO World Cancer Report 2018**). The number of new cases is expected to rise by about 70% over the next 2 decades which shows the seriousness of the disease.

Modern medicine follows two modalities of treatment for Cancer. Firstly, a chemical drug is injected into blood to kill the Cancer cells, i.e. Chemotherapy. Secondly, Cancer cells are burned by Radiation therapy. But these, as known to all, in addition to killing Cancer cells kill even the normal cells, and produce considerable ill effects on the body. In due consideration of these facts **Mahoshadha Kalpa**, purely based on the Indian System of Medicine, has been indigenously researched and developed. It **brings about both physical and mental well-being in patients and causes no untoward ill effects.**

## BENEFITS

- Early restoration of health - prolongs life span.
- No ill effects like hair fall, organ damage, etc.
- Early treatment provides better efficacy and benefits.
- Helps prevent Metastasis.
- Treatment is economical, compared to prevailing lines of treatment.
- Can be used along with chemotherapy and radiation.
- Proper spiritual guidance and counseling improves will power to face the disease, and wards-off fear of death.

So far, about 400 cancer patients have received the Mahoshadha Kalpa treatment. On evaluation, the results of this treatment have been highly encouraging. This can be witnessed in the case study reports.

We were approached by patients with different types of cancer at different stages. Some of the patients were freshly diagnosed and had not received any conventional treatment, some have taken conventional treatments like chemotherapy and radiotherapy, some have discontinued chemotherapy, and some were only surgically operated.

No matter which stage the cancer was in, we tried to help them with Mahoshadha Kalpa. We could cure a few cases of thyroid cancer, ovarian cancer, cervical cancer, lung cancer and lymphomas. In most cases we could help the patient in various parameters, i.e. improving the quality of life, prolonging life span and life expectancy, development of positive attitude, minimizing the adverse effects of chemotherapy and radiation.

## INNOVATIVE CONCEPTS

# Muniyal Ayurved Family Clinics

*"Disease - a guest, not enemy."* - we treat accordingly

Muniyal Ayurveda Family Clinics are established to treat patients with ailments like cancer, diabetes, cardiac and kidney disorders through Muniyal Ayurveda research products and Kalpas. Muniyal Ayurveda Family Clinics also provide total healthcare and lifestyle management for the common man in an Ayurvedic way. The commitment towards a patient starts from antenatal care, infant care to geriatric care and spiritual guidance. The clinics promote the concept *"Prevention is better than cure"*.

4 clinics are already functioning at Bengaluru, Mangaluru, Udupi and Manipal. Muniyal Ayurveda intends to have one clinic in each district of India.

## FACILITIES

- Advice on Dinacharya and Rutucharya based on Prakriti to prevent occurrence of diseases.
- Guidance on daily practice of Yoga and meditation.
- Yearly Panchakarma therapy for rejuvenation.
- Line of treatment is as per the ayurvedic principles and special treatment packages are customised for individual needs.
- Lifetime management of chronic diseases like diabetes, arthritis, hypertension as per the ayurvedic principles, is ensured.
- Maintenance of the whole family profile and regular health monitoring.
- Facility of periodic administration of HIRANYAPRAASH, a natural immune booster with pure medicated gold to infants and children below 12 years, to protect them against common ailments. More than 6,000 children are being administered with HIRANYAPRAASH drops every month.



# Muniyal Ayurvedic Herbal Gardens

The Herbal Garden is a novel idea of the Trust. Presently it involves villagers in and around Muniyal, Perdoor and Brahmavara, covering an area of about 500 acres belonging to the villagers and the Trust, where it has taken steps to preserve and protect invaluable and rare medicinal herbs. The Trust has adopted organic farming methods for the cultivation of these medicinal herbs, and has obtained 'Organic Certification' from SKAL, The Netherlands.

The Research Centre and the manufacturing units source their raw materials from these herbal gardens. Steps have also been taken to promote the commercial cultivation of herbs in a controlled atmosphere. Preservation and extensive cultivation of rare and essential medicinal plants is done in a natural way so that the raw material supply to the production unit is self-sufficient and of superior quality.



## MUNIYAL AYURVEDA GARDEN TEMPLE at UDUPI Developed by the Trust for the general public



# Literary Research Unit

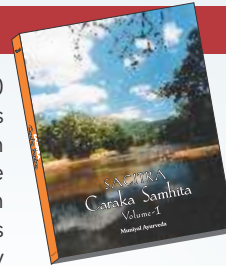
In the Trust's Literary Research Unit, classical text books of Ayurveda are compiled, analyzed and published with critical notes and easy presentation. Ayurveda Saara Vol. III and Sacitra Caraka Samhita Vol. I, have already been published.

## Vol. 1 - Sacitra Caraka Samhita

This book is the English translation and transliteration of the first 30 chapters (sutra sthanas) among 120 chapters of Caraka Samhita. As against the other books that simply give the original version (Sanskrit sloka) followed by the English meaning, this book gives the split version with English transliteration of each and every word in brackets followed by its specific meaning to suit the context. This makes reading easier and conveys the original meaning of every individual word.

Similes have been used aplenty in Sacitra Caraka Samhita to explain certain subject matters. These have been represented pictorially and photographically, which is a new milestone in the field of Ayurvedic literature. The description of the subject is given in the form of columns and tables, wherever required, for easy readability. The English meaning of each word has been given after due consideration of Chakrapani's "Ayurveda Dipika", a commentary on the original version. In some contexts, direct opinions of Chakrapani have been added.

A lot of changes and new description styles have been followed to convey the original meaning & idea.

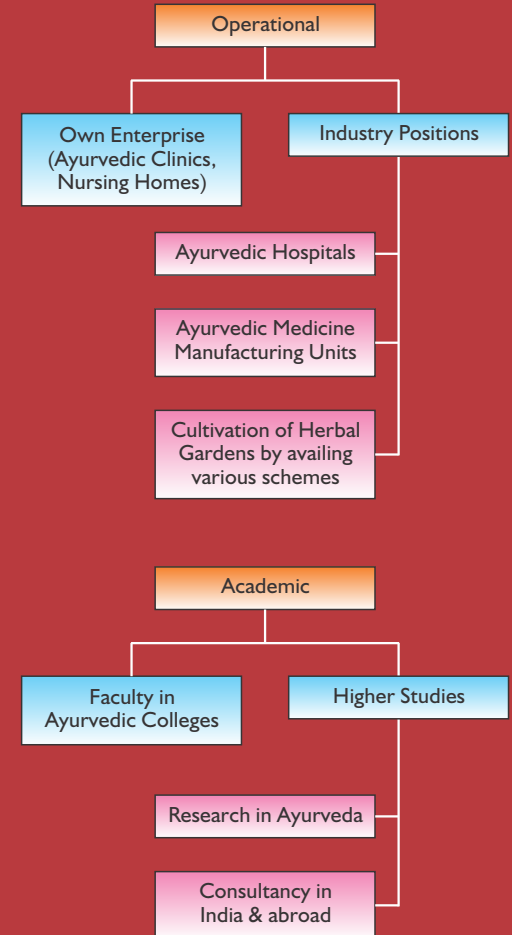


## Vol. 2 - Caraka Nidana

Volume 2 comprises of the entire 8 chapters of Nidana Sthana. The salient feature of this book is that the original shlokas are given and their split versions to derive the most appropriate meaning in English is also given. Flow diagrams, table/charts and pictorial representations are judiciously employed to maintain the descriptive style of volume 1, Sacitra Caraka Samhita, which helps easy learning and reproducibility.



## Career Options





Honorable President of India Dr. A.P.J. Abdul Kalam  
with Dr. M. Vijayabhanu Shetty,  
releasing 'Sacitra Caraka Samhita' at Rashtrapathi Bhavan



Dr. M. Vijayabhanu Shetty being conferred with  
SFE-India - Special Recognition Award 2019  
during the 6th International Congress of Society  
for Ethnopharmacology India (SFEC 2019)

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